



Emma's Journal

September 2010 Volume XVI Number 2

Summer Newsletter

Iowa Latin@s: Young, Growing, and Vibrant Population

According to the Iowa Division of Latino Affairs, as of July 2008, Latin@s constituted 4.2 percent of the state's total population. This makes people of Latino origin Iowa's largest racial or ethnic minority. With the current rate of growth, it is projected that by 2040, Latin@s will constitute 10.4 percent of the state's total population. The numbers show that in Iowa, Latin@s are a young, growing and vibrant population.

24.5

The median age of Iowa's Latino population in 2007.

The median age for the state of Iowa is 38.
From Latinos in Iowa: 2009

The Emma Goldman Clinic has always maintained a commitment to provide

access and healthcare services to marginalized populations. We strive to not only increase access through affordability, but to do that in a culturally, linguistically, and competent manner. EGC has bilingual staff and physicians and we attempt to maintain client information and handouts in accessible language. We acknowledge that shared language is just a piece of an empowering health care visit. The clinic recognizes the inequities in health care and during the medical encounter and are always looking for ways to improve our services.

Latino health is often shaped by factors such as language and cultural barriers, lack of access to preventive care, and the lack of health insurance coverage. It is estimated that 33% of Latin@s under 65 are without health insurance coverage. The Centers for Disease Control and Prevention has cited some of the leading causes of illness and death among Latin@s, which include heart disease, cancer, accidents, stroke, and diabetes. Some other health conditions and risk factors that significantly affect Latin@s are: asthma, chronic obstructive pulmonary disease, HIV/AIDS, obesity, suicide, and liver disease.

Issues such as poverty, gender, racial and ethnic discrimination and xenophobia exacerbate and make it especially difficult for Latin@s to access reproductive health care services.

Without question, Latin@s civic and political influence will grow exponentially over the next decade in Iowa. With the median age of 24 and the number of young children in the school system it is critical that there is Latin@ involvement and leadership in the evolving and ongoing health care reforms.

For the past 7 summers, the Emma Goldman Clinic has collaborated with Proteus and the University of Iowa

Mobile Clinic to provide healthcare for women residing at the Monsanto Camps in the area. We have provided free healthcare services for over 300 women. Ongoing relationships have been established with women who return each year, so that they now view Emma Goldman as their primary health care provider.

The clinic has increased its outreach to the Latino community in the area via our Spanish language ads aired on KZIA, KBEA, and KRNA and with print advertisements in El Heraldo Hispano, a Latino newspaper circulated in eastern Iowa. The Clinic is committed to reaching out to our Spanish speaking clients and supporters and as part of this commitment; this article will be included on our website in both English and Spanish.

Francine Thompson, EGC Co-Director

35,394

The number of Spanish-speaking English Language learners in Iowa's schools during the 2008-2009 school year.
From Latinos in Iowa: 2009

Links to Information regarding Latina Health

National Latina Institute for Reproductive
<http://latinainstitute.org/>

Removing Stigma, Toward a Complete Understanding of Young Latina's Sexual Health
<http://latinainstitute.org/sites/default/files/publications/special-reports/NLIRH-HPWhite-5310-F2.pdf>

Latinos in Iowa
<http://www.iowalatinofaffairs.org>

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A Feminist Approach to Health Care

Mission Statement

The Emma Goldman Clinic is a not-for-profit independent organization founded in 1973 by a group of women driven by feminist ideals. We exist to empower women and men in all life stages through the provision of quality reproductive health care that includes abortion services, gynecology services, safer sex promotion, and active education. We promote respectful, client-centered and participatory health care through informed decision making, client rights, advocacy and expansion, and support of pregnancy choices.

We strive to provide an environment in which diversity is acknowledged and celebrated. We are actively committed to staff diversity in employment policies and practices. We strive to increase economic, geographic, structural, and language accessibility for the clients we serve through fundraising, outreach, and advocacy.

We offer non-judgmental, quality health care services. Our goals are inspired by our belief in the larger ideals of feminist philosophy: political, economic, and social equality.

Save the Date

***“Strengthening and Valuing Latino/a Communities in Iowa”
October 15th and 16th***

This statewide conference explores the strengths and assets of Latin@s living in the Midwest, provides opportunities for Latin@s and allies to network and create connections, and supports the development of skills to build upon strengths and address challenges.

Josefina and Janie (Emma staff) will be presenting a bilingual workshop entitled ***Making Sex Safer***. For more information or to register for conference visit -

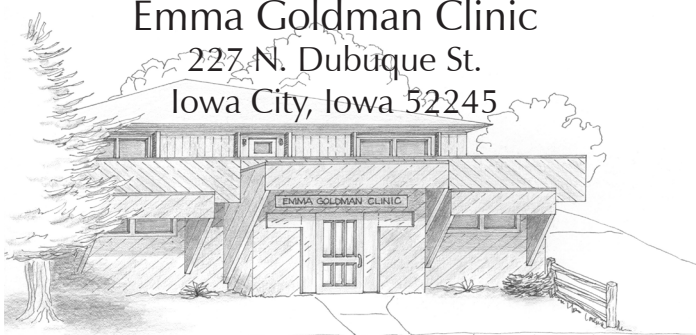
<http://www.uiowa.edu/~socialwk/LatinoConference2010.html>

***Dine at Devotay to support the
Emma Goldman Clinic
Sunday • November • 21st • 6-9 pm.
117 North Linn St.***

A percentage of the evenings sales will go directly to EGC! All you need to do is show up, eat, drink, and be merry.

Emma Goldman Clinic

227 N. Dubuque St.
Iowa City, Iowa 52245



info@emmagoldman.com (319) 337-2111 TEL
www.emmagoldman.com (800) 848-7684 TEL
find us on Facebook (319) 337-2754 FAX

***Abortion Monologues
Encore presentation
Date to be announced***

***Our Annual Choice Event
Come celebrate another year since Roe V. Wade.
Thursday • January • 20th • 6 pm.
at Hotel Vetro***

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Fun in the Sun



Emma Staff, Board members, and volunteers provided medical support to festival go'ers attending the 7th annual Camp Euforia. Amidst a sea of tents rhythmic beats wafted over dancer and out into the corn fields

Political Update

Louisiana Court Challenges

August 6, 2010, a federal court ratified an agreement blocking enforcement of two provisions within **Louisiana's** new abortion ultrasound law, which was challenged by the Center for Reproductive Rights together with another Louisiana statute earlier this month. A group of abortion clinics dropped its challenge of a Louisiana abortion law that requires ultrasound exams for all women getting abortions, after working out an agreement with the state health department.

Another portion of the lawsuit will continue, however, challenging a new state law (**Louisiana**) that bars medical malpractice coverage for doctors who perform elective abortions.

US Supreme Court

August 7, 2010, Elena Kagan became the 112th Justice and fourth woman to serve on the US Supreme Court.

Fort Wayne-Allen County, Indiana

August 12, 2010, a federal judge issued an order blocking enforcement of provisions of an ordinance restricting abortion in Fort Wayne-Allen County, **Indiana** that significantly threatened to undermine patient confidentiality

Alaskans Vote Yes

August 24, 2010, **Alaskans** voted yes on Ballot Measure 2, approving the initiative that will require parental notification for teens 17 and younger before having an abortion.

Nebraska Court Ruling

August 26, 2010 A U.S. District Court has issued a final ruling declaring **Nebraska's** recently enacted and misleadingly named "Women's Health Protection Act" unconstitutional.



HIV Happy Hour. Staff hit the streets of Iowa City to educate pub patrons. Passing out condoms, dental dams, and HIV testing coupons as part of a HIV awareness campaign. For fun staff demonstrated how to make condom balloon animals.

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Sponsor List

Brown Street Inn Bed & Breakfast

Cedar Rapids Dermatology

Dairy Queen on Market Street

The Motley Cow

DJ Rinner Goldsmith

Fired Up Iowa City, Inc.

Goodfellow Printing

Technographics

White Dog Garage

The Motley Cow Cafe

Revival

Houseworks

Old Capitol Screen Printers

Jayne Sandler Wells Fargo Home Mortgage

Laura Christensen Acupuncture

El Banditos



These businesses are sponsors of Emma's Journal. Help us show appreciation for their support by giving them your business. If you would like to become a newsletter sponsor, please contact Susan at 337-2111.

Newsletter sponsorship helps cover the printing costs of our free newsletter - which is distributed to our mailing list, and is present at all our tabling and community events.

Sponsor Spotlight

Acupuncture of Iowa

Conveniently located in the Towncrest Center

1070 William St. in Iowa City.

*Handicapped accessible

Our hours are:

Mon. 12pm-8pm • Tue. 9am-6pm • Wed. closed

Thurs. 9am-6pm • Fri. 9am-6pm • Sat. 9am-1pm

www.acupunctureofiowa.com

Acupuncture of Iowa is a caring, compassionate, and comprehensive Oriental Medicine and Health Clinic, specializing in women's health care for every stage of life. They take great pleasure in assisting patients in finding relief through a wide range of services. They feature both Chinese and Japanese acupuncture, which is both painless and effective. A wide range of other traditional Chinese medical services are offered including but not limited to cupping, magnet therapy, laser acupuncture, and acupressure. Staff offer comprehensive professional treatments from nutritional consultation and custom-designed supplement programs to massage.

Owner Laura Christensen first attended Emma's clinic in 1976 as a patient when she was a teen--she remembers a group diaphragm fitting session with everyone's feet on exam tables pointed toward the middle. They were taught cervical self-exams right there in front of each other, and says "What a beginning for me into the open and honest world of women's health. It was a great start for my reproductive years. I never forgot the down-to-earth attitudes of those women who were so committed to high quality, empowering forms of women's health care. Because of that experience, I guess I take for granted that this type of care is available to everyone. It is not. We are so fortunate in Iowa City to have this type of establishment. We must strive to keep Emma's fine services available to all people, and hope to be an example for other clinics that might be coming to be in the future."

~Jami, EGC Staff

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Spring Benefit 2010

Our annual Spring Benefit was held on Friday, April 30th, at the Brown St. Inn in Iowa City. We had a fabulous evening with all of our guests! There was a raffle for four different baskets: a garden basket; a basket filled with beautiful "art" for your neck (jewelry, a brooch, and a scarf); a bike basket; and a knitting basket. All raffle baskets were donated by local businesses and individuals. We also had plenty of food, drink, and fun! Many thanks to all of our donors, staff, board members, and volunteers who helped make the night run smoothly, and a big THANK YOU to Mark Ruggenberg and Bob Brooks of Brown St. Inn for hosting our Spring Benefit!

Spring Benefit Hosts:

Dr. Robert Kretzschmar

Lindy Scoops - Jeff Lindaman

Taxes Plus - Marlene Perrin

*Flowers for Hosts donated by
Lantern Park Plaza Hy-Vee*

Donations for Raffle Items, Food & Drink:

Accentz Jewelry: Diana Brayton * Blackstone *
Beadology Iowa: Beadologists Karen and Laurel
Kubby * Chris Brus * Deb Liddell * DeLuxe Cakes
& Pastries * Eggy's * Every Bloomin' Thing * Harbit
Landscaping * Hearth * Home Ec. Workshop * Iowa
City Landscaping * Jaime Sabel * Jessica Hook *
John's Grocery * Joy Smith * Katy Trandem * Leaf
Kitchen * La Reyna * Lindy Buck * Lucie Gallo *
Mary Lou Prizler * Miriam Timmer-Hackert * Molly
McAndrews * Motley Cow * Nagel Lumber * New
Pioneer Co-op * Oasis Falafel * Om * Shandhini
Raidoo * Sugar Bottom Bikes * Sushi Popo * Tara
Shochet * Tena Kapp * The Knitting Shoppe

Emma Has a Carnival

EGC held a carnival in our parking lot that featured delicious BBQ, a bouncy house, a bake walk, and a lot of other fun games for the whole family! We would like to thank all the Emma staff and volunteers for all of their hard work and donations to the event. Much thanks to TCCS for providing the excellent BBQ and to Aero Rental for donating the bouncy house and games for the day!



Migrant Camp Worker Health Night

We held our annual Migrant Camp Worker Health Night. Free health services were offered such as annual exams, STI testing, health screenings, and IUC's (intrauterine contraceptives) to Latina migrant workers from surrounding communities. We had lots of food and raffle items to give away. The clinic subsidized \$3,258 in services for the evening.

We would like to thank all of the staff and practitioners who helped with the evening, as well as our partners for the night--Proteus and the University of Iowa Mobile Health Clinic.

"As a single mother already working hard to make ends meet it was a relief to know that I had another option, to not struggling to raise another (child). I can provide for my son everything he needs including my time, with another child my son and myself would've sacrificed a lot! Thank you."

~Client Comment

We depend on the support and generosity of our community members. Please help us continue our work, and make a tax-deductible gift today.

I would like my gift to be anonymous

No Thank You note is needed

Please remove me from your mailing list

I'd like to receive Emma's Journal electronically, my email address is:



Emma Goldman Clinic
227 North Dubuque Street
Iowa City, Iowa 52245-1714

Return Service Requested

Non-profit Org.
U.S. Postage
PAID
Permit No. 314
Iowa City, Iowa

My tax deductible gift of \$ _____ is enclosed.

Charge my gift of \$ _____ to my credit card.

Visa/ Discover/ Master Card

Card Number: _____

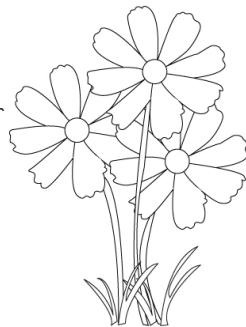
Expiration Date: _____

Signature: _____

Name on the card: _____

Emma's flower beds look beautiful!

A Special Thank You to
Miriam, Chris, Jaime,
Becca, Jessica and Tena for
all of your hard work!



Thank You!

Emma Goldman Clinic
227 N. Dubuque St.
www.emmagoldman.com

Save \$5 OFF

Emergency Contraception
Plan B

*A second chance
at birth control*

Some restrictions may apply.
Coupon expires 10-31-2010

EmPOWER



Emma Providing Options While Ensuring Resources

EGC is taking measures to reduce our overall waste and impact on the environment. You can help us by signing up to receive future publications of "Emma's Journal" electronically. Emma Goldman Clinic will save on paper and postage while reducing our environmental impact, and you will get the convenience of the newsletter delivered directly to your inbox. To receive the newsletter as a PDF:

**send an e-mail to
egc.cps@gmail.com
with subject line**

"I want Emma's Journal by e-mail."

The Emma Goldman Clinic strives to seek services from local businesses and unions whenever possible.

EGC is proud to have our newsletters printed on recycled paper by Goodfellow Printing Co.,

a local Iowa City business.

