www.emmagoldman.com

Transitions

Affirming health care for individuals with diverse expressions of gender and sexuality.



EMMA GOLDMAN CLINIC

NONJUDGMENTAL, QUALITY HEALTH CARE Since 1973

Transitions Health Care

The Emma Goldman Clinic is committed to providing comprehensive, supportive, individualized health care and health information to individuals with diverse expressions of gender and sexuality. We understand that gender identity exists within a broad spectrum and that transgender people and those with questions about gender identity may have unique needs that require experienced and supportive health care providers and services. The Emma Goldman Clinic is committed to meeting those unique needs.

SERVICES AVAILABLE

• Primary care from a health care provider who is knowledgeable about transgender issues

- Transgender Hormonal Therapy
- Mental health care and counseling referrals
- Comprehensive gynecological care
- Endocrinology screening and evaluations
- Referrals/letters of support to appropriate specialists and surgeons

Transitions Services at the clinic help to ensure quality informed care for trans-women, trans-men, gender-queer, affirmed men and women, and others who have health care needs unique to gender expressions and identities that may vary from societal imposed expectations.

Goals

• Enable excellent, comprehensive health care for all gender non-conforming clients

• Transform the way trans people receive care and lead the way in eliminating barriers to maximum health

• Ensure a safe, comfortable, and respectful clinic for all gender non-conforming people to receive care

• Offer friendly, welcoming and affirming services that actively solicit and engage the trans community

• Provide ongoing training and education to ensure our staff are informed and competent

We are continuing to expand our knowledge base and our programs. We currently have experience with services to FTM, transmasculine, and intersex clients, offering annual physical exams (including lower and pelvic exams with HPV testing), chest exams (pre and postsurgical), STI screenings, and lab work as needed. Our protocols are designed to reduce barriers to health care for transgender individuals without compromising the quality of services we provide to all clients.

For an extensive list of trans information and resources, please visit the clinic's Transitions website



Support

We offer non-judgmental quality health care services to clients of all ages. We promote a participatory philosophy of health care that puts our clients at the center of their health care experience. A comfortable and competent atmosphere is created in which time is provided for clients to get the information they seek and the health care services they need.

FEEDBACK ABOUT TRANSITIONS

Please let us know how well we are doing. In order to improve our services, we need to hear what you need and how we are doing.

Tell us about experiences at EGC or with our staff that exceed or fall short of your expectations. Your feedback can remain anonymous if you desire.

Please provide all the information you have about the date and time of the service and the staff or provider(s) involved. Your feedback is greatly appreciated.

EMAIL: INFO@EMMAGOLDMAN.COM

TRANSITIONS; DEFINITION

The process that occurs with movement, passage, or change from one position, state, stage, subject, concept, etc., to another; the connection between the sum of the whole, contributing to cohesion.

FAQ

1. Are there things I have to do in order to begin hormone therapy?

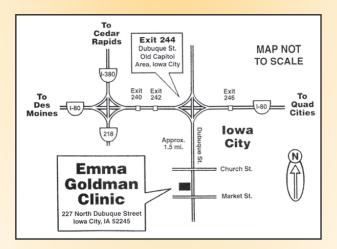
Yes. A complete medical history and physical exam is needed, in addition to baseline blood/lab work.

2. I haven't changed my name yet or been evaluated by a counselor. Can I still move forward with transitioning?

The Emma Goldman Clinic's protocols are based on an Informed Consent standard. Past experience with identity is discussed with the practitioner, but living as the desired gender is not needed to begin hormones.

3. Will my insurance cover any of the costs?

If your insurance ordinarily covers routine and wellness screening exams and labs, they may cover at the usual amount. Individual policies vary and we are happy to help determine coverage.



MISSION

The Emma Goldman Clinic is a not-for-profit independent organization founded in 1973 by a group of women driven by feminist ideals. We exist to empower women and men in all life stages through the provision of quality reproductive health care that includes abortion services, gynecology services, safer sex promotion, and active education. We promote respectful, client-centered and participatory health care through informed decision making, client rights, advocacy and expansion, and support of pregnancy choices.

We strive to provide an environment in which diversity is acknowledged and celebrated. We are actively committed to staff diversity in employment policies and practices. We strive to increase economic, geographic, structural, and language accessibility for the clients we serve through fundraising, outreach, and advocacy.

We offer non-judgmental, quality health care services. Our goals are inspired by our belief in the larger ideals of feminist philosophy: political, economic, and social equality.

EMMA GOLDMAN CLINIC 227 North Dubuque Street lowa City, Iowa 52245 Call (319) 337-2111 or 800-848-7684 for appointments FAX (319) 337-2754 www.emmagoldman.com Clinic Hours: 9 am-5 pm Monday - Friday 9 am-8 pm Thursday 9 am-1 pm Saturday

Payment plans available.